

Time	Skating division	Skating order after the DRAW	First Name	Last Name	Coach(es) name(s)
<b>Saturday Morning 19 October</b>					
6:30am	Adult Silver Ladies	1	Sophie	Messent	Stephanie Huot
Warm-up: 4m	Adult Silver Ladies	2	Jahmeil	Wilson	Stephanie Huot
Program: 2m10s+/-10s	Adult Silver Men	1	Ashley	Stuart	Bernadette Mercurio
6:43am	Adult Gold Ladies	1	Richelle	Perrin	George Galanis Bernadette Mercurio
Warm-up: 5m	Adult Gold Ladies	2	Jane	Kahlbaum	George Galanis Arielle Jennings
Programs: Gold 2m50s+/-10s, Masters	Adult Gold Ladies	3	Angela	Schuurmans	George Galanis Bernadette Mercurio
3m10s+/-10s,	Adult Gold Ladies	4	Katrina	Norwood	Teresa Sinclair
	Adult Masters Ladies	1	Lauren	Moore	George Galanis Bernadette Mercurio
7:05am	Preliminary Ladies	1	Elodie	Dunstone	Ashley Stuart
Warm-up: 4m	Preliminary Ladies	2	Sienna	Young	Richard Laidlaw
Program: 1m30s+/-10s	Preliminary Ladies	3	Junyi	Zhang	Bernadette Mercurio
7:18am	Elementary Ladies	1	Isabella	Wang	Richard Laidlaw
Warm-up: 4m	Elementary Ladies	2	Charlotte	Farley	Richard Laidlaw Deb Barrett Kristen Avis
Program: 2m+/-10s	Elementary Ladies	3	Erin	O'Reilly	Richard Laidlaw Kristen McKenzie
	Elementary Ladies	4	Ava	Burns	George Galanis Bernadette Mercurio
	Elementary Ladies	5	Ruby	Benson	Stephanie Huot
	Elementary Ladies	6	Holly	Smith-Joseph	Richard Laidlaw Kristen Avis
	Elementary Men	1	Jasper	Cusack	Richard Laidlaw Kristen Avis
7:41am Warm-up: 1m	Basic Novice Pairs	1	Lucas	Giveen Gomes De Reis	Deb Barrett Stephanie Huot
Program: 3m+/-10s	Basic Novice Pairs	1	Iyla	Wilson	Deb Barrett Stephanie Huot
7:52am	Advanced Novice Ladies	1	Meg	Rafinian	Stephanie Huot
Warm-up: 6m	Junior Ladies	1	Meg	Rafinian	Stephanie Huot
Program: Jun&Sen SP 2m40s+/-10s	Junior Men	1	Andy	Yao	Richard Laidlaw
Program: Adv Nov SP 2m20s+/-10s	Senior Ladies	1	Ashley	Colliver	Teresa Sinclair
	Senior Ladies	2	Arielle	Jennings	George Galanis Bernadette Mercurio
	Senior Men	1	James	Min	George Galanis
8:16am	Junior Synchronized	1	AIM	Junior	Bernadette Mercurio Teresa Sinclair
Warm-u:p 1m. Program: SP 2m50s					
8:26am Finish					
8:30am Ice Resurface					

State Championships and Spring Cup 2019  
 Official Practice SAT AM (late)  
 Synchro

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Synchro Free Skating Official Practice is 12minutes. After the 1minute warm-up the music is played once. The music may be played one more time during the practice.					
A one minute change-over time is allowed for in the schedule. Teams must change-over promptly.					
<b>Saturday Morning 19 October</b>					
11:30am Warm-up: 1m. Program: 3m+/-10s	Basic Novice Synchronized	1	AIM	Basic Novice	Bernadette Mercurio Teresa Sinclair Ashley Colliver
11:43am Warm-up: 1m. Program: 3m+/-10s	Adult Synchronized	1	AIM	Adult	Bernadette Mercurio
11:56am Warm-up: 1m. Program: 3m+/-10s	Adult Advanced Synchronized	1	AIM	Adult Advanced	Bernadette Mercurio Ashley Colliver
12:09pm Warm-up: 1m Program: 3m+/-10s	Mixed Age Synchronized	1	AIM	AIM Mixed Age	Bernadette Mercurio Madeline Swan
12:22pm FINISH					

State Championships and Spring Cup 2019  
Official Practice Sunday AM

Time	Skating division	Skating order after the DRAW	First Name	Last Name	Coach(es) name(s)
<b>Sunday Morning 20 October</b>					
6:30am	Basic Novice Ladies	1	Sophie	Storey	George Galanis Bernadette Mercurio Teresa Sinclair
Warm-up: 4m	Basic Novice Ladies	2	Hope	Rowe	Stephanie Huot
Program: 2m30s+/-10s	Basic Novice Ladies	3	Kate	Thomson	Bernadette Mercurio
	Basic Novice Ladies	4	Iyla	Wilson	Stephanie Huot
	Basic Novice Ladies	5	Ciana	Tang-Edwards	Richard Laidlaw Deb Barrett Kristen Avis
	Basic Novice Ladies	6	Alyssa	Kelly	Richard Laidlaw
6:52am	Basic Novice Men	1	Masato	Rafinian	Stephanie Huot
Warm-up: 5m (combined)	Basic Novice Men	2	James	Lin	Richard Laidlaw
Program: BNov 2m30s+/-10s	Intermediate Novice Ladies	1	Desiree	Williams	Stephanie Huot
Program: ItnterNov 3m+/-10s	Intermediate Novice Ladies	2	Breeanna	Smolski	Bernadette Mercurio
	Intermediate Novice Ladies	3	Sophia	Lewis	Deb Barrett
7:15am	Intermediate Ladies	1	Laura	McArthur	Richard Laidlaw
Warm-up: 5m	Intermediate Ladies	2	Madison	Dempsey	Bernadette Mercurio Teresa Sinclair
Program: 3m+/-10s	Intermediate Ladies	3	Charisse	Kae Li	George Galanis Harmonie Wong
	Intermediate Ladies	4	Rebecca	McGlashan	Stephanie Huot
7:35am	Advanced Novice Ladies	1	Meg	Rafinian	Stephanie Huot
Warm-up: 6m	Junior Ladies	1	Meg	Rafinian	Stephanie Huot
Program: 3m10s+/-10s Adv Nov	Junior Men	1	Andy	Yao	Richard Laidlaw
Program: 3m30s+/-10s Junior	Senior Ladies	tbc	Ashley	Colliver	Teresa Sinclair
Program: 4m+/-10s Senior	Senior Ladies	tbc	Arielle	Jennings	George Galanis Bernadette Mercurio
	Senior Men	1	James	Min	George Galanis
8:06am	Junior Synchronized	1	AIM	Junior	Bernadette Mercurio Teresa Sinclair
Warm-up: 1m					
Program: 3m30s+/-10s					
8:19am FINISH					
8:30am ICE RESURFACE					